



How To Get the Most Out of My Epilepsy Treatment

You can get the most of your epilepsy treatment by learning more about epilepsy and how your medications affect you. Here are some things you can do to take control of your epilepsy¹:



Follow the directions for taking each AED²

• If you aren't sure you're following the directions correctly, talk to your pharmacist or call your

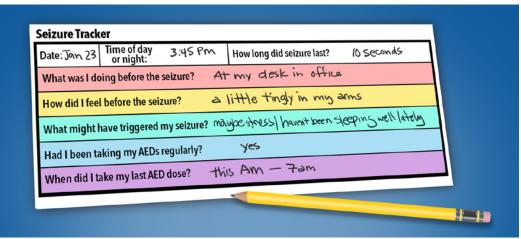
doctor







Keep a seizure tracker³



Family Planning

If it's possible that you could get pregnant, understand how AEDs might affect your pregnancy.1



References

1. National Institute for Health and Care Excellence. Epilepsies: diagnosis and management. https://www.nice.org.uk/guidance/cg137/resources/epilepsies-diagnosis-and-management-35109515407813. January 2012. 2. Epilepsy Foundation. Medication Adherence. http://www.epilepsy/managing-triggers/medication-adherence Published November 2013. November 2013. 3. Epilepsy Foundation. If First Medicine Doesn't Work. http://www.epilepsy.com/learn/treating-seizures-and-epilepsy/treatment-101-basics/if-first-medicine-doesnt-work. October 2016.