# Optimizing **Epilepsy Care**



90% of the nation's \$3.5 trillion in annual healthcare expenditures are for chronic health conditions, one of which is epilepsy.<sup>1,2</sup>

**\$28 billion** in estimated annual US epilepsy-related costs<sup>3-5\*</sup>

**Epilepsy** is a central nervous system (neurological) disorder in which brain activity becomes abnormal, causing seizures or periods of unusual behavior, sensations, and sometimes loss of awareness. The disease is common, serious, and can go undiagnosed, placing significant burdens on patients.<sup>6,7</sup>

### Affects

Americans<sup>4</sup> 3 million adults 470,000 children

- Epilepsy is often misdiagnosed, which can delay proper treatment<sup>7-11</sup>
- 1 in 26 people will develop epilepsy in their lifetime<sup>8</sup>

million

• Epilepsy-specific costs are 2.2x higher for uncontrolled epilepsy vs stable epilepsy<sup>12†‡</sup>

## People with epilepsy have

 Higher prevalence of heart disease, stroke, chronic bronchitis, and mental health disorders<sup>13,14</sup>



\*Estimate is based on a reported cost of \$26 billion in 2013 converted to 2018 dollar value.<sup>3,5</sup> <sup>†</sup>Retrospective claims study conducted between January 1, 2007, and December 31, 2009, with MarketScan commercial database representing all major regions of the United States.<sup>12</sup> <sup>‡</sup>Uncontrolled: Added seizure medication to an existing regimen during year of observation; Stable: No change in seizure medication for at least 1 year.<sup>12</sup>



### **Higher Healthcare Resource Utilization (HRU) and Costs** With Uncontrolled Epilepsy

#### Annual Overall and Epilepsy-Related HRU Costs by Spend Channel<sup>15</sup>



In the medicaid population with uncontrolled epilepsy, there was a 6x higher rate of ED visits and inpatient stays, 7x longer hospital stays, and >\$5K epilepsy-related HRU costs (PPPY) (n=3,454).15+

These claims were based on data collected in the Medicaid databases from FL, IA, KS, MO, and NJ (~1997 to ~2009). Please see back cover for additional study information.



linked to diagnosis of seizures<sup>16</sup>



of ED visits result in hospitalization<sup>16</sup>

The estimates shown here are based on data from the HCUP 2005 Nationwide Inpatient Sample. Historical data were drawn from the 1993–2005 NIS.

<sup>†</sup>Adjusted for baseline measures. <sup>‡</sup>Includes cerebral palsy and many other disorders at birth.

AED=antiepileptic drug; CI=confidence interval; ED=emergency department; EMS=emergency medical services; HRU=healthcare resource utilization; IP=inpatient; PPPY=per person per year.

Well-controlled: No change in AED therapy and epilepsy-related IP stays/ED visits.<sup>15</sup>

## Several Conditions Are Causally Related to Developing Epilepsy<sup>8</sup>

### Neurodegenerative disease

10% of new-onset epilepsy in patients ≥65 years of age is caused by Alzheimer's disease and other neurodegenerative conditions<sup>17,18</sup>

#### Head trauma

Incidence of developing epilepsy due to head trauma ranges widely—from 2% to over 50%—depending on injury severity<sup>22</sup>

### Congenital disorders<sup>‡</sup>

20% of children <15 years of age have a congenital cause of epilepsy<sup>23</sup>

#### Stroke

~1 in 10 people who suffer from a stroke develop epilepsy<sup>17,19,20</sup>

#### **Brain infections**

~7% of patients who experience a brain infection will go on to develop epilepsy<sup>24</sup>

#### Genetic disorders

>20 different epilepsy syndromes have been mapped to specific genes<sup>21</sup>

#### **Brain tumors**

20% to 45% of patients with brain tumors will experience seizures<sup>25</sup>



### UCB is working to create better solutions for people living with epilepsy

UCB is committed to better serving patients by identifying potential partnerships\* based on shared goals



#### From: Higher HRU and Costs With Uncontrolled Epilepsy

Study Design: Retrospective, longitudinal, matched-cohort analysis.

Study Sample: US adults  $\geq$  18 years of age; 110,312 Medicaid population (matched cohorts, n=3,454); 36,529 employer population (matched cohorts, n=602). Limitations: Work-loss estimates based on subset of commercial claims, potential selection bias per group assignment, excluded less severe seizures, adjusted to 2009\$.

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\*UCB uses the terms 'parterships' and 'partnering' broadly to describe how it collaboratively engages with external stakeholders to create value for patients living with severe diseases. UCB's use of these terms is in no way intended to suggest the existence of a legal partnership with any third party entity.

